

**Audience: All school-based staff new to coaching (suitable for primary and secondary phases)**

**This training is facilitated by James Rawbone**

**Key objectives:**

To provide an introduction to coaching by exploring the differences between mentoring and coaching and identifying what are the key principles of effective coaching.

The training session will involve facilitated discussion on understanding what coaching is and is not, supported by opportunities for group discussion to unpick key elements of coaching.

There will be a focus on identifying the differences between mentoring and coaching and the two key fundamentals to effective coaching of listening and responding.

The use of the GROW model to structure a coaching conversation will be explored along with introducing some tools that can be used to self-evaluate the effectiveness of coaching.

**Session Outcomes:**

An understanding of what makes coaching different to mentoring. Introduction to skills that can be used to ensure that a coaching conversation is effective.

**Cost:** Secondary and Primary SLA members 2 free places. Non-members £20 per delegate

**The course will be delivered via Zoom.**

**Book your place <https://www.sponne.org.uk/ts/>**

**To find out more email: [trainingschool@sponne.org.uk](mailto:trainingschool@sponne.org.uk) Telephone: 01327 350284 ext. 7251**