



TERM 6 NEWSLETTER - 2023

SPONNE NEWS

The official newsletter of Sponne School

Summer 2023



PFA Fundraising

Thanks to everybody who has helped with PFA fundraising this year. The most recent fundraising from volunteers assisting with parking at the Silverstone Grand Prix generated £4000. Overall, the PFA have raised £14,000 towards the new school minibus. Well done everyone!

Further information about fundraising events for 2023/24 to follow in September.

Safeguarding

In order to keep our school safe, we are limiting access through the barrier in the car park to staff and pre-authorised / arranged visitors and contractors and emergencies only. If you need to drop something off or collect a child for an appointment, please come to the pedestrian or middle gate and ring for attention.

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... And more!

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Dear Parents and Carers

I hope that you enjoy reading our final newsletter of this academic year. Every July I am astounded by how quickly each year passes and reflect on the importance of the learning of your son/daughter and the stability and opportunities that school provides for them. I am very aware of, and grateful for, how fortunate we are to have families that value education and are willing to support school in all that we do. This is particularly the case in this time of financial squeeze and the disruption caused during the recent pandemic, as well as the difficulties created by the Government's refusal to participate in talks with the teaching unions and the resulting industrial action.

I also want to say a huge thank you to all my staff here at Sponne who work exceptionally hard and do all that they can to ensure that students achieve outstanding outcomes and support students in their wellbeing. Without this dedication and commitment Sponne would simply be an ordinary comprehensive but staff, students and you, our parents/carers, make this an

extra-ordinary place to work, thank you. We are very fortunate to be fully staffed next year despite the national shortages in teachers. We will sadly be saying goodbye to Mrs Darvell, Miss Ebbiary, Mrs Freer, Mrs Nelson, Miss Ranger, Mr Sycamore-Howe, Mrs Westley and Dr Whiffin but all posts have been filled for September. We wish them the best in their future careers.

It has yet again been another great year for students at Sponne as you will have read in previous issues of the newsletter and I am so proud of all their accomplishments, both at school and in the local community. The last few weeks have been particularly busy with induction days for the new Year 7 and 12 students, work experience for Year 10 and 12, several sporting events, DoE expeditions, a trip to Germany and groups travelling to Birmingham for the National Music for Youth Festival. Of particular note though, are the successes of 4 students who made it through to the National Athletics finals representing Northamptonshire and one exceptional Year 9 student who is now the national discus champion. Congratulations to all students in their achievements this year.

We look forward to the results weeks in August and an excellent set of results at GCSE and A-Level. A reminder that A-Level results day is Thursday 17th August followed by the GCSE results day on Thursday 24th August. As in previous years the school will be open and many staff present to congratulate, support and advise students.

Can I thank you once again for your continued support and wish you a very pleasant summer holiday. We welcome Year 7 and 12 back on Wednesday 6 th September and the rest of the school on Thursday 7 th September 2023.

Iain Massey

A handwritten signature in black ink that reads 'Iain Massey'.

Headteacher

Parking outside of school

Please park considerately and legally outside of school. We have had a few incidents recently where our neighbours' driveways have been blocked and issues with cars being parked too close to the pedestrian crossing. You **MUST NOT** park on the crossing or in the area covered by the zig-zag lines.

Thank you for your co-operation.

Music News

Sponne Jazz musicians - Towcester Midsummer Music

Our wonderfully talented Sponne School musicians have been busy again this term. During Towcester Midsummer Music weekend, Sponne performed on two occasions to entertain the local residents. On Thursday 16th June our sixth form soloists and senior choir gave a lunchtime recital in St Lawrence Church and on Sunday 18th June the Jazz Orchestra played to a packed audience at the Towcester Mill on what was a very hot afternoon.

Congratulations also to Sponne Strings for their recent fantastic performance in Birmingham Town Hall for the National Festival of Music for Youth. They played a diverse programme of three pieces : Wired, Reverie and Irish Legend. Reverie featured Thomas Judge on solo double bass whilst Irish Legend featured our other year 13 leavers Laurie Glass, Holly Rees and Francesca Jardine.

Well done on an outstanding performance from the whole ensemble and once again representing Sponne at a national level.



Also a massive thank you to the students of ALL years who performed the orchestra concert to the new year 7 intake on 14th July.

Music Results

Some impressive music results this term.

- Amelia Lewis - trumpet grade 6
- Jake Reynolds - tenor horn grade 6
- Jovin San- tenor horn grade 6
- Tom Stratton - tenor horn grade 7
- Will Coventry - piano grade 8 & Saxophone grade 7
- Edward Woodridge-Smith - singing grade 4
- Katie Skey Grade 8 Cornet
- Charlotte Lecoche Grade 2 trombone

Ambassador - National Youth Brass Band of Great Britain

Well done to Melody Powell who has recently been representing Sponne as an ambassador for the National Youth Brass Band of Great Britain. Melody spent last week going around lots of different primary schools in East London to try and encourage young children to learn brass instruments. The group of ambassadors played the students a few pieces like Living On a Prayer and We Don't Talk About Bruno, gave them the chance to ask questions and even got them up and dancing. Melody found the week extremely rewarding and very enjoyable, and has been asked to continue in this ambassador role.





Sponne PE want to hear from You

pestudentachievements@sponne.org.uk



Lets Celebrate

Sponne PE know many of our students compete in a variety of sports outside of the School environment, Whether that's Martial Arts, Gymnastics, Dance or Horse Riding we want to hear from our proud parents.

Please scan the below QR code to provide us with the information of your child's success, so we can share and celebrate with you.



Sports News

KS1 Festival

A beautiful day, although a very hot day! Over 210 Primary school children and 50 Sponne leaders! The children took part in lots of different fun activities like football goal shooting, sack race, fill the water bucket etc. Lots of fun, lots of laughter and lots of cheering!

Well done to everyone involved, a fantastic end to our year!!



Other Sports News

Sports Leaders

Y9 Sports Leaders had a wonderful time helping Greens Norton with their sports day. Despite it being a bit soggy there was lots of fun, laughter and cheering!

Yet again our leaders were amazing with lots of lovely comments from staff and parents. They make us so proud!



Other Sports News

MK Dons Signing

Congratulations to ex-Sponne student Joel Anker on signing professional terms with MK Dons. Best of luck with pre-season and the season ahead!

<https://www.mkdons.com/news/2023/june/joel-anker-signs-pro>



English Schools Athletics



The pinnacle of school athletics is the annual English Schools Championships, where the top few athletes nationally in each event are invited to take part. This year no less than four Sponne students were selected - an unprecedented achievement.

Sonny Briggs McKellar took part in the Junior Boys hurdles finishing with a

new personal best in his heat. Lucas Ngatia took part in the Junior Boys triple jump and jumped superbly. Hayley Dimond finished sixth in the senior girls shot, competing against girls a year older than herself.

Moyo Stumpenhuisen featured in the Junior Boys discus. Going into the competition, Moyo has thrown a life-time best of 44 metres but in the final round he launched the discus to an incredible 51m 42cm to claim gold by over 5 metres - an outstanding achievement

Charley Turner - U12 Football

Charley plays for Silverstone Racers Blues U12s, who won the plate competition. Charley played well for the entire tournament at right back, but worthy of special mention is the winning goal he scored in the semi final. 30 seconds before the end of extra time he hit the ball from inside his own half. The ball dropped in the centre of the goal just under the crossbar, the keeper had no chance of saving it! He has been told he may never score a better goal in his lifetime.....truly spectacular!

This is only the second goal Charley has ever scored playing competitive football (a confirmed defender already)



Sponne Football

It has been another busy year with school football, with huge numbers getting involved in after school sessions throughout the year.

One of the performances of the season was for our Year 9 boys team, with a 5-2 win away to Northampton Academy in the County Cup.

The U13/U14 girls spent a glorious day at Sixfields Stadium for a Football Talent ID event, including a tour of the stadium and behind the scenes including treatment and changing rooms. Then after walking through the tunnel, the girls enjoyed skills sessions and matches on the main pitch with Northampton Town FC coaches!

Our U15/U16 girls had a session with the Soccer Assist Academy. It was a great morning of drills, skills, games and a very competitive penalty shoot out!

Towards the end of the year, it was particularly pleasing to see a combined Y8/Y9 boys team work so well together, in a friendly fixture away to EWS South, narrowly losing 4-3.

We once again offered the FA Playmaker qualification programme to Year 9 students. Well done to Jamie W (9JH), Alexis H (9CJR), Matt BP (9JH) and Dylan H (9VL) for progressing well with this.

We would like to say a particular well done to the 43 students who have shown exceptional commitment & attitude to school football throughout 2022/23;

Girls

Lexi D-S, 7ANS
Sophie G, 7OW
Isabella J, 7RW
Jessica K, 7NC
Grace M, 7OW
Isla S, 7RW
Tigs W, 7ANS
Mai B, 8SC
Kyra N, 8KP
Libby B, 9CFD

Year 7

Benny B, 7JDG
Leo B, 7RW
Alex B, 7AMT
Henry B, 7AMT
Rory C, 7JDG
Thomas C, 7ANS
Curtis D, 7RW
Tom D, 7ANS
Harry G, 7JDG
Oliver H, 7DG
Harry I, 7RW
Noah J, 7JDG
Jack W, 7OW

Year 8

George G, 8SLB
Josh G, 8GB
Max K, 8SC
Rylan K, 8SC
Ewan R, 8SLB
Harry W, 8GB

Year 9

Panos M, 9DW
Jamie W, 9JH
Louis C, 9NM
Matthew B-P, 9JH
Joe M, 9VL
Harvey W, 9MM
Ahmad D, 9MM

Year 10

Sammy V, 10SJA
Fin B, 10HB
Ewan B, 10SJA
Ethan W, 10HB
Will J, 10SJA
Luke M, 10HB
Jake W, 10ES

Football sessions will resume in September! - STT, JMH, RB, SC & CJR





National success for Sponne Equestrians

On the 26-29th May, 6 Sponne students travelled down to the All England Jumping Ground at Hickstead for the National Final, with our teams having qualified by coming first or second at Regional qualifiers throughout the year and Charlie O and Annabelle R qualifying individually as County Champion.

The competition was tough across the weekend with some of the top schools in the country competing and over 100 competitors in each class. Sponne still came away with some excellent results and placings in the Show Jumping and Eventer Challenge National Finals.

The highlight was the team (Lucy A, Ava P, Faye O and Annabelle R) coming 5th in the National Novice Show Jumping Finals and getting some amazing prizes. Commiserations to Grace W who travelled all the way down but was just too poorly to compete. The weekend was full of great team spirit and a lovely weekend away.

Well done to all students who have competed for Sponne this year.

If you are interested in joining the team next academic year please see Miss Stone in the PE department, as qualifiers for next year start early!



Sponne Darts & Snooker

It was fantastic to relaunch the darts and snooker clubs in the summer term. Darts Club sessions have run from our own darts room in W9, whilst snooker sessions have taken place at clubs in Northampton/ Milton Keynes.

At club sessions, students have been taught the basics of the sports, and engaged in mini-games and challenges to develop their skills. It has been pleasing to see such a mix of students sign up for these sessions, and work so well together.

Awards for contributions and participation at these clubs;

Darts

- Ethan B, 7NC
- Eleanor C, 7KAS
- Nathan S, 8KP

Snooker

- Leo B, 7RW
- Alex B, 7AMT
- Jack D, 7AMT

Students who wish to register their interest in sessions during 23/24, should complete the form available at bit.ly/SponneSD.



PSHE - Summer Term Update

What have we learnt about?

PSHE Lessons

- Year 7 Health Education - Anti-smoking/vaping project and Careers Education - Growing careers for positive change
- Year 8 Health Education - Healthy Lifestyles
- Year 9 Citizenship Education - Gangs and Knife crime
- Year 10 Either Drugs Education - Alcohol, Class B & Class C drugs or Financial Education - Fraud Awareness
- Year 12 Careers Education - Planning for next steps

Tutorial Sessions

- Year 7 Relationships Sex Education - Respecting Differences (stereotypes)
- Year 8 Health Education - Immunisation and Vaccinations and Financial Education - Financial Awareness
- Year 9 Careers Education - Finding my Path and Relationships Sex Education - Dealing with conflict
- Year 10 Citizenship Education - Racism and Careers Education - Preparing for work experience
- Year 12 - Careers Education - Planning for next steps

Careers

Year 7 - Dragon's Den Enterprise Day

Year 7 - Big Bang Trip

Year 7&9 girls - Women in Engineering Day

Year 8 - Careers assemblies - UTC Silverstone

Year 10 - Trip to Silverstone Technology Park

Year 10 - Work experience

Year 12 - Work shadowing

Year 12 - Business Brunch/Mini Careers Fair

Year 12 - Medicine talk by Alumni student



Women in Engineering Event



Recently we were very lucky to be joined by a number of volunteers from EKFB to celebrate International Women in Engineering Day. Female students in Year 7 and Year 9 were able to learn about the different roles available in EKFB from some inspiring women.

From HR to Civil Engineering, management to apprentice roles, they heard about the career journeys of these volunteers and were able to ask questions directly to them about their roles and what it's like to work in a mainly male dominated industry.

The students also found out more about the importance of PEE in engineering and worked in teams to develop their problem solving skills by building bridges from basic materials designed to hold large weights.

We would like to thank the volunteers from the day, especially Suzy Bennett whose idea it was; as a parent of a Sponne student she wanted to share her story and help inspire our students to possibly choose a career in engineering in the future. We would also like to thank EKFB for allowing the volunteers to come along and support this event.



Year 7 Dragon's Den Enterprise Day



On Tuesday 18th July our Year 7 students had the opportunity to be entrepreneurs for the day. They were challenged to come up with a product or service to 'save the planet'. Each tutor group had a local business leader working with them to help them develop their pitches ready for an afternoon of presenting in 'the den'.

There were some amazing ideas from all students and the final pitches were super. The winning students from each tutor group presented in front of the whole year group, and had to answer questions from the 'dragons' as well. The finalists were:

7AMT - HOJIA! (Creating energy from rainwater)
 7NC - Underground plant grower
 7JDG - Smartbin
 7OW - Solar mate
 7PG - Recyclable pens
 7RW - Hydro Fit (replacing diesel fuel cells with liquid hydrogen)
 7KAS - Friction Powered Vacuum
 7ANS - Bio-Frames (eco friendly glasses and sunglasses)

The 'Dragons' had a hard time deciding between the ideas and in the end awarded the prizes, supplied by Cucina, to 7ANS Bio-Frames. They also had a special mention for 7JDG Smartbin as they loved the video they included in their presentation.

One of our Dragons, Jim, shared his thoughts after the event - "Some of the subjects and projects they came up with were outstanding and to be honest well thought out especially given the age group." Of the students in general he said, they "were very good and extremely hard working and a credit to the school."

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Silverstone Technology Park Trip



Some Yr10 students finally got to visit the Silverstone Technology Park after their visit last year was cancelled due to extreme heat. Students visited the National College of Motorsport, Performance Projects, Ducati and Silverstone Composites; finding out more about the range of career opportunities available as well as being able to have a go at changing the wheels on Lewis Hamilton's go kart and being able to sit on Ducati motorcycles.



Year 12 Business Brunch/Mini Careers Fair

Our Year 12 students had the opportunity to meet with people from a variety of career areas including property, finance, acting, police, law, construction and more!

Students were able to hear from representatives of these industries, about how they got into their careers, some top tips and ask their own questions. We then had a mini career fair to continue those conversations or to find out about other opportunities.

We would like to thank all the volunteers for giving up their time to inspire our students in their future careers.



Year 7 Charity Fundraiser Day

Earlier this term, the Year 7 Form groups were asked to discuss and choose a charity that they would like to raise money for. The discussions led to interesting debates! Once they had decided, representatives from the class put together a presentation for assembly. They all did brilliantly and it was great to see a range of personal, emotional and persuasive speeches. Dementia UK, The RNLI, NSPCC, Alzheimer's Society along with others were represented, however the charity that won the democratic online vote was the RSPCA.

The Year Council got together and it was agreed that they would like to do an animal themed mufti day and a 'Summer Fete'.

Each form decided on a stall to organise and run, and there was a lot of discussion around what 'animal themed mufti' could actually be!

So on Monday 17th July it was fun to see some of the Year 7's with ears and tails, animal print t-shirts, blow up dinosaurs and of course some sporting attire with animal logos!

The stalls were fun, from Karaoke to Welly Wanging, to Hook a Duck and a raffle. The atmosphere was lovely and I'm pleased to say that the fete raised £207 - not bad for a lunchtime! So along with £167 for the mufti - a total of £374. Well done Year 7's and thanks to you too for any contributions you made!

H. Turton. PLL Year 7

Sponne Environment Club

This term we have started our eco-schools application which involves a preliminary 'Environmental Review' of our school by assessing its performance across 10 topics. We hope to finish this before the end of the year so that in the next academic year we can get straight into making our action plan!

For more information on the eco-schools project please visit their website <https://www.eco-schools.org.uk>

We also had a talk from Verity Magee, the Social Sustainability Manager at Kier (leading provider of infrastructure services, construction and property developments in the UK - <https://www.kier.co.uk>). She spoke to us about the meaning of sustainability and the challenges faced by the construction industry in particular. It was a really informative session and following this we are keen to try and organise future talks for next year.

If you would like to join in and help make the school a more environmentally friendly place, please come along to W14 on a Wednesday lunchtime.

- Environment Club

Duke of Edinburgh - Bronze Award Expedition



70 of our Year 10's completed their combined practice and assessed Bronze DofE expeditions over 3 days, Friday to Sunday on July 7th to July 9th. They experienced the typical UK summer time weather, from torrential rain to sunny spells. The expedition leaders were impressed with our students' behaviour and resilience to complete the expedition.

There were one or two who wanted to quit after the second day but kept going to the end, so an extra well done to them.

Wellbeing Drop-in In the LRC

From the 18th September 2023, our Wellbeing & Pastoral Support Co-ordinators will be available for students, every lunchtime, in the LRC.

Students will be able to take themselves to the LRC, at lunchtime, if they are worried about someone or something, just need to talk to someone or want to report something and don't know who to tell. Both Mrs Brookbank and Mrs Johnson will be happy to help in anyway they can.

Year 10 work experience

Wow, what an amazing 2 weeks for our year 10 students. We have received so many compliments and positive reports of how they have got on during this time. We are super proud of them all and hope the last 2 weeks have given them a great insight to the working world and helped to spur them on into year 11 in September and ideas of future ambitions.

Also we would like to say a massive thank you to all the employers and businesses out there that have supported us as a school and offered placements for Year 10.

Computing

iDEA Standings

Form	Points	(Badges)
9LM	6494	728
9CFD	6367	741
9DW	6337	725
9NM	5211	587
9MM	4654	547
8KP	4564	532
8AAW	4514	472
8SC	4361	512
9JH	4320	498
9VL	4227	491
9CJR	3861	456
8GB	3590	431
8RB	3353	378
7KAS	3154	359
8RHB	3031	361
7NC	2740	315
8MG	2450	291
8SLB	2293	270
7AMT	2245	259
7RW	2156	245
7OW	2041	221
7ANS	1865	204
7PG	1848	205
7JDG	1456	164

Keyhero

It has been another incredible year of progress with our digital literacy platforms Keyhero & iDEA. Both systems are integrated into the curriculum, across Y7 to Y9 Computing lessons.

Keyhero develops touch typing, encouraging good technique to improve speed and accuracy. At the same time, it is proven to engage most parts of the brain, helping to activate new memory muscles and build more active and strong cognitive connections that in turn will enhance overall brain capacity and function.

The Inspiring Digital Enterprise Award, known as iDEA is an international award winning programme that helps students develop digital, enterprise and employability skills.

Form	Keyhero Completed
8SC	5396
8KP	5320
9JH	5314
8GB	5125
9CFD	4910
9VL	4857
9NM	4821
9LM	4786
8MG	4424
9DW	4389
8RB	4363
8SLB	4328
9MM	4275
8RHB	4251
8AAW	4111
7KAS	3929
9CJR	3819
7OW	3023
7JDG	2824
7PG	2668
7RW	2584
7NC	2557
7AMT	2397
7ANS	2264

Form	Keyhero Speed (WPM)
9NM	38.51
8SC	36.00
9CJR	34.73
9CFD	34.51
9LM	33.84
9VL	33.40
8KP	32.84
9JH	32.21
8RHB	31.54
9DW	30.82
8AAW	30.55
7OW	30.05
8SLB	29.98
9MM	29.71
8RB	29.45
8GB	28.45
7PG	27.88
8MG	27.06
7AMT	25.07
7KAS	23.45
7RW	23.11
7NC	22.48
7ANS	21.27
7JDG	19.88

Form	Keyhero Accuracy (%)
8MG	93.90%
9JH	93.59%
8AAW	93.26%
7NC	93.14%
9MM	92.93%
8SLB	92.89%
7ANS	92.85%
8RHB	92.78%
9LM	92.64%
9VL	92.63%
9NM	92.48%
9CJR	92.45%
9DW	92.40%
9CFD	92.26%
8KP	92.22%
7AMT	92.12%
7RW	92.12%
8GB	92.02%
7PG	91.96%
8SC	91.79%
7KAS	91.41%
8RB	91.16%
7OW	91.03%
7JDG	90.31%

iDEA Award Winners

Students who earn a set number of points, across the 4 categories of badges, can earn a certificate.

Well done to all of our winners, this year!

Bronze

Year 7

Hannah C, 7AMT
Hugo O, 7ANS

Year 8

Lana B, 8KP
Charlie B, 8RHB
George E, 8KP
Bella H, 8KP
Harvey I, 8SC
Taylor J, 8SC
Edward WS, 8GB

Year 9

Hattie A, 9DW
Dejan B, 9CFD
Lois B, 9CFD
Matthew B, 9NM
Harrison B-L, 9MM
Andrew B, 9LM
Dayton C, 9LM
Bella D, 9CFD
Tom D, 9LM
Eliza D-L, 9DW
Liam E, 9CFD
Sam E, 9VL
Sebbie F, 9MM

Year 9 Continued...

Adam G, 9JH
Isabelle G, 9CFD
Thomas H, 9DW
Amy H, 9MM
James K, 9CFD
Panos M, 9DW
Conal O'F, 9CJR
Harry O, 9JH
Chloe P, 9VL
Charlie R, 9DW
Jamie S, 9CFD
Ella S, 9VL
Seb W, 9JH

Silver

Year 7

N/A

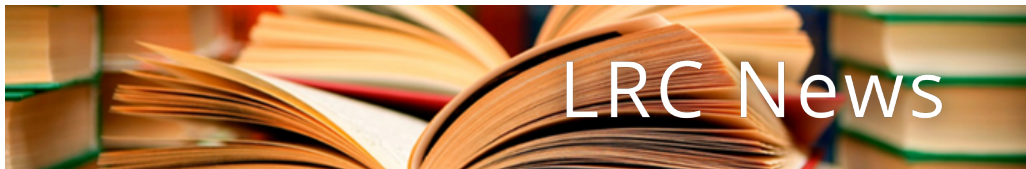
Year 8

Callum C, 8RB

Year 9

Tom D, 9LM

- SC & The Computing Team



Carnegie Medal Shadowing 2023

Students from Caroline Chisholm and Moulton College joined 30 students from Sponne on Friday 16th June for our Carnegie Shadowing morning. We had great fun discussing the shortlisted books, where **I Must Betray You** by Ruta Sepetys was voted our favourite. It is a powerful thriller closely based on the Romanian Revolution of 1989. Our second choice, **The Blue Book of Nebo** by Manon Steffan Ros, was the eventual winner of the Carnegie Medal for writing. It is a quick read and the first translated book to ever win the award, having originally been written in Welsh. Set in a small Welsh village, it tells the story of Dylan and his mum, who are trying to survive in the aftermath of a global disaster. We rounded off our morning with a quiz on all the shortlisted books, where everyone's competitive spirit was on show. The winning team this year was from Sponne, so well done to them!



Accelerated Reader

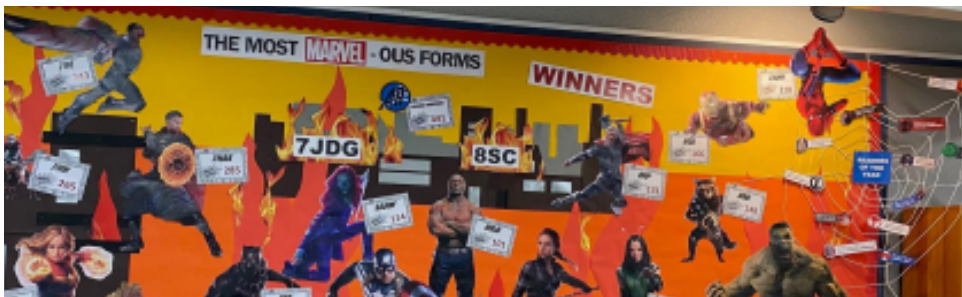
We have been amazed by our students' engagement with Accelerated Reader this year. Our Year 7's and 8's have read a staggering 88,441,805 words and passed 3,215 quizzes, a fantastic achievement.

One student has excelled this year, smashing the school record for the number of quizzes passed. Rory Castle has read a total of 5,009,632 words and passed a staggering 136 quizzes - a total which we think will be hard to beat! Very well done, Rory. We would also like to congratulate Keira Willsman (3,029,586 words and 39 quizzes) and Mai Barnett (3,090,860 words and 53 quizzes) - excellent achievements. Other shout-outs go to Evie Barford, Lacey Humphries, Lily Brennan, Ryan Costello-Allibone, Alex Kerr, Orna Lett, Nathan East, George Williams and Jake Leatherland - all have passed a significant number of quizzes, so well done!

A huge 'thank you' goes to our 6th Form reading mentors and their partners. They have all shown great enthusiasm, dedication and commitment to the reading mentoring programme and we can see the results of their efforts in the progress our students have made.

Accelerated Reader Competition

Our most MARVEL-ous form results are in! The winning Year 7 form is 7JDG, who passed 408 quizzes. Our Year 8 winners, 8SC, passed 197 quizzes. Congratulations - your prizes are on their way!



Spare Jigsaws?

Finally, if you have any 500 or 1000 piece jigsaw puzzles lurking at home and would like to donate them to the LRC, we would be very grateful. We recently introduced a jigsaw table which has proved very popular with all year groups and we are struggling to maintain a constant supply! Many thanks.

Cucina - Impact Food Group

There will be a tariff increase of 6.6% from September 2023, a below inflation increase which will allow Cucina to maintain quality services. This is due to food inflation of 16.5% and staff wage increases such as the minimum wage increasing by 9.7%. Cucina have stated that they want as many students to enjoy the services as possible and they appreciate that the price increases make this harder. However, they do believe the food continues to offer excellent value for money. Click [HERE](#) to read the letter from Ken Navin the Client Relationship Director from Impact Food Group.

Cucina IFG			
TARIFF SEPTEMBER 2023			
DRINKS	PRICE	BREAKFAST	PRICE
Water 330ml	85p	Bacon/Sausage Bap	£2.05
Fruit Slush – Med/Lrg	95p/£1.45	Breakfast Pot – 3 Piece	£2.00
Gen Juice Sml/Lrg	85p	Toast with Butter or Jam	35p
Hot Chocolate/Latte / Cappuccino	£1.40	Waffles, Pastries & Croissants	£1.55
Milk/Flavoured Carton	£1/£1.20	Porridge – Student / Staff	Free/ £1.05
HOMEBAKES		Porridge Toppings	40p Each
Muffins	£1.45	Cereal + Milk 8oz	£1.10
Cake Stand	From 85p	COLD GRAB & GO	
Cookies	£1.25	Roll	£1.50
Chocolate/Cheese Straw	£1.15	Sub	£2.05
HOT GRAB & GO		Wrap	£2.80
Ciabatta	£2.95	Sushi	£3.00
Panini – Half/Whole	£1.50/£2.60	Baguette	From £2.50
Toastie	£2.15	Cold Pasta Pot-Med/Lrg	£1.00/£2.50
Loaded Nachos	£2.25	Salad Pot	£1.90
Garlic Dough Balls	£2.10	Houmous Pot	£1.20
Burrito	£2.95	Edamame Beans	£1.60
Shawarma	£2.95	Jelly Pot	£1.00
Pizza Slice	£1.50	Yoghurt/Jelly Pots	£1.00
Street Vibes	From £2.85	Whole Fruit	55p
Naturally (V / Ve)	From £2.85	RESTAURANT	
		Daily Main Course (Meat or Fish V/VE)	£2.50
		Homemade Soup & Bread	£1.80
		Hot Pasta Pot – Med/Lrg	£1.70/£2.25
		Jacket Potato – 1 Topping	£2.05

VAT on hot food and beverages will be charged at the current rate for all staff members

Sponne School needs a minibus!



Can you help the PFA raise £20,000?

This year is a big year of fundraising for Sponne PFA!

A minibus is a vital part of school life, providing transport to sports fixtures, trips and community events. The school is in need of a new lightweight minibus to continue providing these opportunities for the students.

The Parents and Friends Association are taking on the challenge to raise as much money as possible towards this in 2023.

We need your support to help us hit our target.

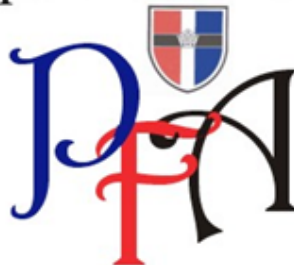
Especially we want to hear from:

- Local companies interested in sponsoring a school minibus.
- Knowledge/connections in minibus/van sales.
- Anyone with a brilliant idea for fundraising.
- Anyone in a workplace that offers match funding for charity fundraising.

We also need you to support our events this year. Look out for announcements from the PFA and join in!

Please contact sponnepfa2@gmail.com if you can help.

Sponne School

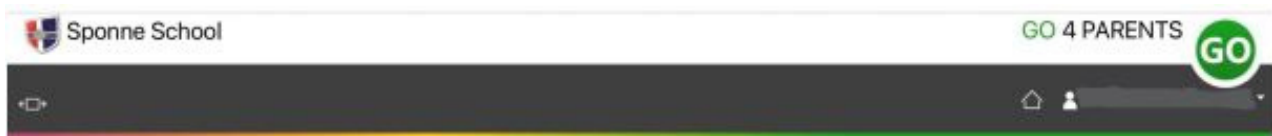


Registered Charity No: 285714

Change of Details - Go4Schools

If you need to update any of the contact/address/email/telephone information we have on record for your child, yourself or any of the other contacts we have, you can do this directly via Go4Schools.

If you log in and click the drop down arrow next to your name in the top right hand corner and select 'settings' you will be taken to the screen below.



Complete the details in the box and press send.

My settings

Manage your account and settings to make GO 4 Schools work better for you.

Your login email address is:

[Update contact details](#)
[Manage your communication settings](#)
[Change your GO 4 Schools password](#)

Update contact details

Use the form below to notify the school about changes to your telephone number, email address, etc.

Send

Manage your communication settings

- Automatic daily summaries of homework are sent after 16.00.
- Automatic daily/weekly summaries for behaviour are sent after 18.00, as configured.
- Detention updates are sent by the school as required.
- Attendance updates are sent by the school as required.
- School messages are sent as required.
- Consent messages are sent by the school as required
- All messages will also appear in your Online Inbox

What is safeguarding?

Ensures that every child, regardless of their age, disability, gender reassignment, race, religion or belief, sex, or sexual orientation, has a right to equal protection from harm.

Safeguarding is the steps that people take to protect children and vulnerable adults from harm.

How can you help?

If you have any concerns about a child, please do not wait before passing this on. You are not causing problems but it could allow support to be put in place and save a child from unnecessary harm.

If you need to pass on a safeguarding concern please contact the Northamptonshire Multi-Agency Safeguarding Hub and share any information with school via safeguarding@sponne.org.uk

[http://www.northamptonshirescb.org.uk/worried-about-a-child-/](http://www.northamptonshirescb.org.uk/worried-about-a-child/)

Telephone: 0300 126 7000

If a child is in immediate danger, left alone or missing, contact the police and/or ambulance service directly on 999.

Students seeking support can access the Google Classroom wellbeing page for the appropriate year groups. Parents seeking advice can access guidance on the following sites:

<https://youngminds.org.uk/find-help/for-parents/parents-helpline/>

<https://www.nhft.nhs.uk/camhslive>

Stay Connected - West Northants

Summer edition of Stay Connected - a useful newsletter for finding fun activities to do over the summer break. The newsletter is a live document which will be updated during the holidays, taking out events which have passed and adding in any new information.

Click [**HERE**](#) for a list of summer activities

Summer Holiday Activities & Support

The Lowdown

The Lowdown offers free and Confidential Counselling, Wellbeing Support, LGBTQ+ Support, Practical Support and Sexual Health Services for 11–25-year-olds and their families.

Address: 3 Kingswell Street, Northampton NN1 1PP

Telephone: 01604 634385

Email: info@thelowdownnorthampton.co.uk

Website: www.thelowdown.info

The Lowdown Espresso Yourself Café

WELLBEING CAFÉ
A DROP-IN SERVICE FOR
11-18 YEAR OLDS

If you find yourself needing support, we're here to listen and help in your time of need.

Book an appointment by calling the number provided or drop in during our opening times.

OPEN

Espresso Yourself Café

- Support and Advice
- Wellbeing Activities
- Peer Support
- Parent Support is Available
- Also Available Remotely

Monday's and Friday's
4pm - 8pm
the lowdown, 3 Kingswell Street,
Northampton, NN1 1PP
01604 634385

the lowdown

NPS Northamptonshire Healthcare
Service Six
YOUTH WORKS
the lowdown
Time 2 TALK
St Andrew's
CHAT Youth Counselling

The Espresso Yourself Café is for young people aged 11-18 years and their parents/carers every Monday and Friday evening between 4pm and 8pm at the Lowdown's Kingswell Street building in Northampton.

If you are unable to drop in, you can also gain support remotely by video or phone call.

All drop-in sessions have professional mental health workers present who can offer a safe space to talk and be listened to.

There will also be group activities & peer support.

The Lowdown Counselling:

The Lowdown offer a free and confidential service for anyone aged between 11-25 and living within the NN1-NN7 postcode area. Young people can self-refer, or someone can make a referral for them. Referrals can be made via the website.

Website: www.thelowdown.info/counselling-referrals

Countywide Support from The REACH Partnership:

Counselling Support is available countywide from 5 different agencies (including the Lowdown) dependent on postcode area:

Time2Talk – Daventry/South Northants www.time2talk.org.uk

Service Six – Wellingborough www.servicesix.co.uk

Youth Works – Kettering and Corby www.youthworksnorthamptonshire.org.uk

CHAT Youth Counselling

NGAGE - Offer one to one support for young people with drug and/or alcohol use. Parents/carers and young people can make referrals directly. See links below:-

Website: www.aquarius.org.uk

YouTube: [@Ngagewithaquarius9411](https://www.youtube.com/@Ngagewithaquarius9411)

Facebook: [@Ngagewithaquarius](https://www.facebook.com/@Ngagewithaquarius)

Instagram: [@Ngage_withaquarius](https://www.instagram.com/@Ngage_withaquarius)

The Lowdown's Young Adult Social



If you are aged between 16-25 the Lowdown's social group is here for you every Thursday between 7 and 8pm.

The group aims to help you meet young people on a similar journey, so you can support one another whilst enjoying fun activities and gaining support from trained workers if needed.

Support is offered face-to-face at the Lowdown's Kingswell Street building in Northampton Town Centre.

Drop in or call [01604 634385](tel:01604634385) for more information.

The Lowdown Parent/Carer Support Facebook Group

If you are aged between 16-25 the Lowdown's social group is here for you every Thursday between 7 and 8pm.

The group aims to help you meet young people on a similar journey, so you can support one another whilst enjoying fun activities and gaining support from trained workers if needed.

Fearless

Fearless is the dedicated youth service of the independent charity Crimestoppers. They give young people the power to report crime 100% anonymously. You can give information to them using their [online form](#) or by calling their freephone number, 0800 555 111. They cannot track your IP address or your phone number and have no way of knowing who has contacted them.

Fearless are not the police - they are a charity. You will not be contacted by the police after passing information on to Fearless as the police have no way of knowing who the information has come from. The website also contains a wealth of information for both young people and parents on subjects they may have concerns about.

Website: www.crimestoppers-uk.org/fearless

Youth Clubs

Youth Inspired Northampton

Follow them on [Facebook](#) to see what activities they have on offer [@YouthInspired](#)

Broadmead Youth Club

Takes place at Broadmead Community Church, Broadmead Avenue, every Thursday evening between 7pm and 8.15pm. Check out their [website](#) and calendar of events.

Address: Broadmead Church, Broadmead Avenue, NN3 2QY

Website: www.broadmead.org.uk/

Free2Talk

Free2Talk offer free weekly youth clubs across Northampton as well as online youth mentoring support. Professionals, parents and young people can get in touch directly via the [website](#) for further information, current activities, referral forms and direct contacts.

Website: www.free2talkcic.org

Youth Clubs - Continued

Kingsthorpe Jets

Interested in joining the Jets football club? Register your interest on the Kingsthorpe Jets [website](http://www.kjyfc.org.uk).
Website: www.kjyfc.org.uk

Northampton Scouts

Beavers, Cubs and Scouts – check out the [website](http://www.northamptonscouts.org.uk/) for activities and how to join.
Website: www.northamptonscouts.org.uk/

Northamptonshire Girl Guides

Find your nearest Unit from Rainbows upwards on the Northants Girlguiding [website](http://www.girlguidingnorthamptonshire.org.uk/).
Website: www.girlguidingnorthamptonshire.org.uk/

Kidz Club, St David's

Takes place at St David's church hall every Wednesday from 6.30pm (term time only) – sessions will restart on Wednesday, 13 September. Address: St. David's Church Hall, Eastern Avenue South, NN2 7QB

BERZERK | DANES | DUSTON | LINGS | MOUNTS

**TRILOGY SUMMER HOLIDAY ACTIVITIES** | 24 July - 25 Aug

SPORTS SESSIONS Sessions across our centres for 5-10 year olds

- Gymnastics • Basketball
- Cheerleading • Fun Fitness
- Dodgeball • Cricket
- Football • Rollerskating

£6.00 per session or FREE to Junior Active members. Booking available online 8 days in advance



SWIM CAMPS Improve confidence and skills in the water with Trilogy Swim Camps across our centres.

- Beginners • Frontcrawl Skills
- Stage 1 Boost • Breaststroke Skills
- Fundamentals • Backstroke Skills
- Stage 3 Boost • Butterfly Skills

Courses are free to Junior Active members. Booking available by calling 01604 838333 or in person at one of our centres 8 days in advance



Junior Active Membership only £27.50 per month - See what's included

**DON'T FORGET BERZERK IS OPEN 9-5.30PM EVERY DAY THROUGHOUT THE HOLIDAYS. BARNEY CAN'T WAIT TO SEE YOU!**

KIDS SCREEN FILMS AT THE FORUM CINEMA
Indiana Jones and the Dial of Destiny (12A) Kids Screens are FREE to Junior Active members and £4.99 for all non-members
Ruby Gillman, Teenage Kraken (PG)
Barbie (12A)
Elemental (PG)
The Secret Kingdom (PG)
Mavka: The Forest Song (PG)
Teenage Mutant Ninja Turtles: Mutant Mayhem



TRILOGY HOLIDAY PLAYScheme
Our OFSTED registered playschemes at Duston Sports Centre and Lings Forum Leisure Centre provide childcare for 5-13 year olds (5 year olds must have started Year 1 at school) throughout the Summer holidays.

- Featuring a varied programme of activities guaranteed to keep your children busy all day.
- Available 8.30am-5.30pm.
- £22.50 per day for Junior Active members, £25 per day for non-members
- Call 01604 838333 to secure your child's place



Careers Newsletter for Families

South East
Midlands
CAREERS HUB

CAREERS &
ENTERPRISE
COMPANY

SEMLEP
South East Midlands
Local Enterprise Partnership

Inspire.
Prepare.
Succeed.

Summer 2023

Welcome to the last SEMCH Newsletter of the school year for families supporting young people in the South East Midlands. The summer is fast approaching, and this edition of the Newsletter is all about skills! From an employer's perspective skills are as important as qualifications. The summer break is a great time to support the young people in your family with building their transferrable skills that will ultimately make them more employable in the future. This Newsletter is packed with ideas for how to do that and details of useful websites and activities you can access with your young people. You can find more information on SEMLEP and the SEMCH, including our live opportunities portal, on our [website](#).

Teamwork

Teamwork means working with others to get something done.

This can include recognising the value of other people's ideas and what skills they have, including everyone in group discussions as well as contributing yourself, spotting if you or someone else is getting into an argument and taking steps to avoid it, and reflecting on a team's progress and suggesting steps to improve.

Activities:

Try these games in your family household or encourage your young people to play them with friends.

1. Stand in a circle with each person holding the index finger of their right hand at chest height. Place a stick or balloon across the outstretched fingers. Lower the stick to the floor without it falling off. If anyone's finger loses contact with the stick, you must start again!
2. The challenge is, in 30/45/60 seconds, to arrange yourselves in a line in order of height, age, shoe size, alphabetical first names. To make it harder do this without talking!

Speaking and Listening

Giving your young person the opportunity to speak to groups of people, people they've never met before, or to speak at length on a topic, are great ways of building up their speaking and listening skills for employability.

Activities:

1. When you're out at a café or restaurant let your young person give the family's order to the waiting staff.
2. Ask them to be a tour guide for the day, pointing out areas of interest and answering questions from other family members.

Staying positive (resilience)

Universities and employers value resilience because studying and working are no different to the rest of life - everything that's worth achieving comes with challenges that need to be overcome. They want to see that if you do badly you will work hard to get a better outcome next time.

Activities:

1. Geocaching is a great way to build resilience and have fun as a family. Sign up for free, put in your postcode, and put your young person in charge of leading your family to a nearby geocache. There are 6143 to find in this area!

2. Record the Positives - encourage your young person to write down at least 1 thing that went well each day for a week. They can review the positives at the weekend.

Useful websites

The [National Careers Service](#) has pages on [identifying skills](#) and [developing soft skills](#) that can work through with the young people in your family. There is a separate section on [helping young people make education and career choices](#) that you might also find helpful.

BBC Bitesize is a website that your young people might already be familiar with. This section on [careers](#) is one that you can look at together to help them learn more about the skills they'll need in the world of work.



[Youth Employment UK \(YEUK\)](#) are a Northamptonshire based company who offer [free skills training](#) for all young people from the age of 11. It is free to sign up as a Young Professional, receive the newsletter and enrol on the free online courses they offer.

Linking subjects to career – In/Around/Beyond

Young people are developing employability skills in every subject they study. Some young people and their families feel anxious when they start making choices between subjects. They worry that a 'wrong' choice will rule out future options and limit their career. By understanding the skills they have developed by studying each subject, a young person can start to explore careers in that subject area as well around and beyond it. Here is a worked example:

Subject: History

Careers in and around use the knowledge developed by studying history: understanding the past and how it has influenced the present day. The skills a history student develops allows them to look at careers beyond that require similar skills.

Skills developed by studying history

Attention to detail

Identify which evidence is important

Finding primary sources of evidence

Connecting evidence and information

Manage and organise large amounts of evidence

Write and present narratives in a compelling way

Careers IN History:

Professional historian

Archivist

Museum curator

Heritage site manager

Careers AROUND History:

Diplomat

Politician

Costume designer for film/television

Antiques valuer or auctioneer

Careers BEYOND History:

Business consultancy

Policy Officer

Detective

Poverty campaigner

The key thing to remember from this is that most employment and study choices do not have specific qualification or subject requirements. Focussing on the skills they develop allows young people to demonstrate their employability no matter what subjects they choose to study.

Try this out with your young person and work out the in/around/beyond of their preferred subjects.

Adapted from K. Daubney (2021) Careers Education to Demystify Employability OUP:London.

Literacy for employability

This report by the [National Literacy Trust](#) demonstrates the importance of good literacy skills for employability. In the workplace, young people will need skills in spelling, punctuation and grammar, the ability to research, redact and communicate information, the ability to produce appropriate business correspondence, and communication in general.

Activities

Younger children can get involved in the [Summer Reading Challenge](#) at their local library.

Numeracy for employability

Numeracy is essential for making sense of things like time, space, money, and data. Young people need to be confident with numbers to figure out how long it takes to get somewhere, budget for a holiday, or investigate a statistic reported on the news. Numeracy is highly valued by universities and employers because many subjects and professions use numbers.

Activities

1. If you're planning a day out or a holiday away, put your young person in charge of the budget. Tell them how much there is to spend, what that needs to pay for and for how many people.
2. Ask your young person to make plans for a day out with friends or family, including how long each part will take and a breakdown of how much it will cost.
3. Challenge your young person to make savings on your weekly (or monthly) expenses such as food and utilities. Ask them to explain their choices.

Does your employer support volunteering days?

You can get involved with the work of the South East Midlands Careers Hub in several ways:

- Give an Hour – to support one-off events like careers fairs or mock interview days.
- Become an Enterprise Adviser and commit to an on-going relationship with a school to support them with the strategic development of their careers programme.
- Ask your employer to offer work experience, work shadowing or employer visits for local young people
- More details [here](#)



SUMMER FOOTBALL *Holiday Camp*

Get down to Sponne School and take part in
MK Dons SET team challenges, fun games, football activities.

Please bring your shin pads, water bottle and football boots!



AGE
5-15YRS

TIME
9.30AM-3.30PM

PRICE PER DAY
£30

PRICE PER WEEK
£120

DONS CAMP ARE EVERY DAY, MON-FRI STARTING FROM 31ST JULY



Book now at mkdonsset.com



Early Drop off and Late Pick Up Options available | Sponne School, 42 Brackley Road, Towcester, NN12 6DL



South Northants
Youth Engagement

STREET SPORTS

**FREE FOOTBALL SESSIONS
3G PITCH**

7:30 - 8:30PM

TOWCESTER LEISURE CENTRE

11 YRS OLD +

BRING A DRINK & TRAINERS

DATES:

THURSDAY 13TH JULY

THURSDAY 20TH JULY

TUESDAY 15TH AUGUST

THURSDAY 31ST AUGUST



West
Northamptonshire
Council

TOWCESTER

LEISURE CENTRE



Nutmeg 2023 Summer Soccer Schools For Girls & Boys Aged 4-12

Dates: **May Half Term** - 30th May to 1st June
Summer Course 1 - 25th to 27th July
Summer Course 2 - 15th to 17th August

Venue: **Yardley Gobion FC, School Lane, NN12 7UL**

Times: **10am - 3pm** (9am early drop & 4pm late pick up available)

Cost: **£59 - 3 days, £42 - 2 days or £22 - 1 day**

ALL COACHES DBS CHECKED

Book online at www.nutmegss.co.uk

e-mail: contact@nutmegss.co.uk



WHO MIGHT BENEFIT FROM SOCIAL PRESCRIBING?

If you are registered at any of the practices on the following page, you might find it useful to speak with someone outside of the home and school environment. Someone who may identify with some of the areas below could benefit from a Social Prescriber:

- Low mood and/or anxiety
- Caring responsibilities
- Family issues
- Low self-esteem
- Bullying
- Social isolation
- Education issues
- Weight management advice

WHERE IS SOCIAL PRESCRIBING PROVIDED?

Springfield Surgery
Springfield Way, Brackley, NN13 6JJ
01280 704122

Brackley Medical Centre
Wellington Road, Brackley, NN13 6QZ
01280 702436

The Brook Health Centre
Swinnyford Road, Towcester, NN12 6HD
01327 323900

Towcester Medical Centre
Link Way, Towcester, NN12 6HH
01327 359953

BRACKLEY AND TOWCESTER PCN

SOCIAL PRESCRIBING SERVICE

FOR 11-18 YEAR OLDS

If you need support and don't know where to turn, the Social Prescribing service could be for you.

Melissa works with anyone over the age of 11 years and is here to listen and support you.

Scan the QR code to self-refer and a member of the team will be in contact:



WHAT IS SOCIAL PRESCRIBING?

Social prescribers give people time and focus on "what matters to me?"

We know that your health and wellbeing is not just about your physical health. Our Social Prescriber has the time to listen to you and support you to identify barriers that are affecting your health and wellbeing and work with you to set goals to help you overcome them. This can be by giving you advice and information or connecting you to organisations and community groups for practical and emotional support.

Our social prescribers will listen to your worries, questions and offer advice.



HOW CAN SOCIAL PRESCRIBING HELP ME?

Here are some of the ways Social Prescribers can help you:

- Support to make positive changes in your life
- Referring/signposting you to community organisations and professional support.
- Supporting you to communicate and/or identify barriers
- Listening and giving you the time you need to talk
- Advice on jobs, training, and education
- Researching the relevant support available to you

"Everyone is the hero of their own life story"

- John Barth -

Essential School Equipment



All students should have the following equipment...

- A Pencil Case (this must be transparent for students taking exams)
- Black Pens (at least 3, not gel)
- Blue Pens (at least 3, not gel)
- Purple Pens (at least 2, not gel)
- Pencils (at least 2)
- Pencil Colours
- Pencil Sharpener
- Rubber
- Ruler
- Maths Set (Compass, Protractor)
- Scientific Calculator
 - Recommended Casio fx-83GT PLUS or fx-85GT PLUS
- 3.5mm Wired Earphones

If you have any issues with this please speak to your form tutor!



Please remember to bring a reusable water bottle to school with you



Drinking water :

- 💧 Improves energy levels and brain function
- 💧 Improves concentration and focus
- 💧 Prevents headaches
- 💧 Is healthy for joints and teeth and helps circulate blood!

Stay Hydrated!





HOWKINS &
HARRISON

We're proud to be supporting Sponne School with our 'For Schools' programme.

On completion of every house sale made through the programme, we will give Sponne School £500.

How can you take part?

- If you're thinking of selling your home get in touch with us for your free, no obligation valuation
- Mention the For Schools Programme and Sponne School
- We will market and sell your home
- On completion of the sale, we'll donate £500 directly to Sponne School

Howkins & Harrison, investing in our future and local community.

Call Martin Broadbend (former Sponne pupil) for more details; 01327 353575
or visit [howkinsandharrison.co.uk/about-us/supporting-local-communities](https://www.howkinsandharrison.co.uk/about-us/supporting-local-communities)

Howkins & Harrison LLP, 98a Watling Street, Towcester NN12 6BB



Dates For Your Diary

Results Days

A level results - Thursday 17th August

GCSE results - Thursday 24th August

Term 1

Training Days - Monday 4th and Tuesday 5th September 2023

Year 7 & Year 12 Induction Day - Wednesday 6th September 2023

Years 8, 9, 10, 11 & 13 back to school - Thursday 7th September 2023

Autumn Half Term

School closes Thursday 19th October 2023

Training Day Friday 20th October 2023

Half Term - Monday 23rd October to Friday 27th October 2023

TERM 2

School opens Monday 30th October 2023

Christmas 2023

School closes Friday 22nd December 2023

Christmas break Monday 25th December 2023 to Friday 5th January 2024

Please see our website for a full list of events and term dates.

<https://www.sponne.org.uk>