



## Contents

Introduction .....	3
Adverse Childhood Experiences (ACE) Support Team .....	4
ASSIST Trauma Care .....	6
Child and Adolescent Bereavement service .....	10
Karma Nirvana.....	15
Locality Connectors.....	16
NDAS .....	17
Ngage .....	19
Northamptonshire Independent Visitor Service.....	21
Plumsun.....	25
SEND.....	26
Service Six.....	30
South Northants Police .....	31
Student Breakthrough.....	32
Voice for Victims and Witnesses.....	35

## **Introduction**

This information pack has been put together by the SWAN Teaching School Alliance in lieu of the Pastoral fayre that was planned for July 2020. The content material was provided by the exhibitors that were invited to attend the fayre.

Please note that some providers have updated their information in light of Covid-19 and the services and support offered.

## Adverse Childhood Experiences (ACE) Support Team



# Early Intervention and ACE Support Team

## Adverse Childhood Experiences



### What we do

- Provide advice and guidance to professionals and families.
- Signpost / Refer to Support Services.
- Co-ordinate support for families.
- Deliver short pieces of interventions i.e.; Protective Behaviours, Online Safety, Healthy Relationships, Parenting Support.
- Support with Co-ordination of Early Help Assessments and TAF meetings.
- Consultancy Advice

By offering support at the earliest opportunity, we aim to reduce demand on statutory services such as Police, Fire, Health and Social Care.

## Referral Process

Any professional working with children & families who present with newly identified emerging needs and without previous involvement from statutory services (i.e Social Care and Targeted Support) can refer to the ACE Service by sending an email to:- [earlyhelpadvice@childrenfirstnorthamptonshire.co.uk](mailto:earlyhelpadvice@childrenfirstnorthamptonshire.co.uk)

**Please include:-**

Referrer details (Who/Role/Organisation/Contact number)

Child Details (Name/DOB/Address)

Parent/Guardian Details (Relationship to child/Name/DOB/Contact Number)

Parental Responsibility: (Yes/No)

Consent gained: (Yes/How)

What are your concerns?

**For consultancy advice and case suitability please contact your local ACE Officer**

### **Kelly Crockett – ACE Support Officer Daventry and South Northants**

☎ Telephone: 101 Ext: 346289 / Mobile: 07973880565

✉ E-mail [Kelly.Crockett@northantspfcc.pnn.gov.uk](mailto:Kelly.Crockett@northantspfcc.pnn.gov.uk)



[www.northantspfcc.org.uk](http://www.northantspfcc.org.uk)

## **ASSIST Trauma Care**

ASSIST Trauma Care is a specialist Third Sector (*Not-for-Profit*) Organisation offering therapeutic help to adults and children, individuals and families, affected by a wide range of traumatic occurrences. Based at a central clinic in Rugby in the English Midlands, ASSIST therapists have been trained to use evidence-based models to help sufferers rebuild their lives and move on following a traumatic experience that has impacted them. ASSIST therapists work with both the symptoms of Post-traumatic Stress Disorder and also with Traumatic Bereavement and Grief.

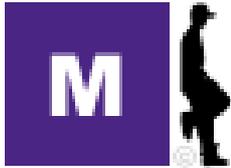
### **Contact details**

Telephone: 01788 551919

Email: [admin@assisttraumacare.org.uk](mailto:admin@assisttraumacare.org.uk)

Website: <http://assisttraumacare.org.uk/>

Services offered to Primary and secondary schools are detailed below.



**Guiding Young Minds**

**To discuss funding options available or to make a private referral please contact:**

**ASSIST Trauma Care**

**07908 156992**

**[admin@assisttraumacare.org.uk](mailto:admin@assisttraumacare.org.uk)**

### **What is GYM?**

GYM is a confidential service available for young people who are in need of help. We are a team of experienced and qualified youth workers and therapists specialised in supporting young people who have been affected by or are dealing with difficult issues relating to serious crime, violence, gang involvement, and involvement with weapons.

### **Our approach...**

GYM offers a unique approach by providing a range of interventions including both one to one youth mentoring and specialist therapy to address the multiple and complex issues related to gang involvement and serious violence and/or victimisation. We operate a flexible and needs-led service focusing on building young people's strengths, managing risks, increasing safety and improving mental health and general wellbeing.

### **What we deliver...**

#### **Bus Service**

Our community GYM bus provides a safe space for young people to 'drop in' and talk to our team, gain information, advice and/or socialise.

#### **Youth Work**

With personal experience and specialised training our dedicated Youth Workers focus on boosting self-esteem, confidence, feelings of safety, encourage positive changes and build on strengths.

#### **Family and School Support**

Our team provide ongoing communication, support and advice with family members and school staff. This helps to promote a stable environment and builds on strong and consistent relationships. We also have a specialist Domestic Violence Practitioner available to work with the parents of child service users where needed.

#### **Specialist Therapy**

Specialist therapists provide Trauma Focused Cognitive Behavioural Therapy (TF-CBT) to work through a young person's difficult experiences to improve their mental health and wellbeing. TF-CBT is an evidence-based therapy in accordance with national clinical guidelines. Research shows that TF-CBT is highly effective in resolving a range of emotional and behavioural difficulties associated with single, multiple and complex trauma. Therapy includes stabilisation work, stress management and coping skills, psycho-education as well as working through the young person's trauma in a supportive way, including play therapy, art work and story telling, followed with follow up work.

### **Our impact...**

Harry (Male, 13yrs) was involved in 'moving things' for gang members and deemed at risk of becoming involved in further gang related activity. He had encountered numerous traumatic experiences including exposure to family related drug/gang involvement and violence. Harry was increasingly ignoring boundaries, struggling to manage his emotions, displaying aggression, behaviour difficulties and trauma-related symptoms.

Harry received one to one mentoring from our specialist gang Youth Worker exploring self-esteem, managing emotions and building on his strengths in sports, especially football. Specialist therapy (TF-CBT) was also provided to process his difficult past experiences. Harry successfully worked through his trauma in depth, became able to recognise his triggers and manage these effectively by using coping strategies. His trauma symptoms greatly reduced and his general wellbeing largely improved. His relationship with both his Grandmother and brother also improved, as did his School performance where Harry, as the School's top footballer, is now making positive steps in progressing with his professional football career.

*"The therapist and youth worker helped me to believe in myself. Thank you for sticking by me from the start. I have learned to trust and understand. I have learnt how to deal with things and I've learned how to talk about things"*

### **Daniel (Male, 8yrs)**

Daniel was a witness to a violent gang crime a few years ago involving a gun and a knife. Daniel and his Father later had gun shots put through his door and were threatened with a knife by the gang as they believed that Daniel and his Father had 'grassed' them to the Police. After this event Daniel began showing concerns with his mental health and wellbeing. He was finding it increasingly difficult to regulate his own emotions and manage his behaviour. He was struggling to follow rules and expectations in school, was finding friendship groups difficult and was accused of bullying. Sometimes Daniel became so overwhelmed he would hide under a table or curl up in a ball.

Daniel received therapy from two of our specialist therapists. One to one sessions trauma focused therapy including the use of play-dough and art work to help Daniel express his feelings that he couldn't put into words. This allowed him to safely work through his trauma, understand it and move forward. At the end of therapy his mental wellbeing showed a great improvement as did his relationships, behaviour and School performance.

### **Referral Process...**

Referrals can be made by a number of sources, including:

Schools | Parents | Police | Social workers | Family Support Workers  
Or can be self-referred by the young person

Working in affiliation with:



**admin@assisttraumacare.org.uk** or **07908 156992** ..and a GYM worker will be in contact

We are working to reduce violence, gang crime and knife crime by building positive relationships with troubled young people and their wider support networks, providing them with holistic support towards achieving a positive future.



@gymintervention

Featured in the new Channel 4 documentary "Britain's Child Drug Runners". Visit the Channel 4 site for more details.

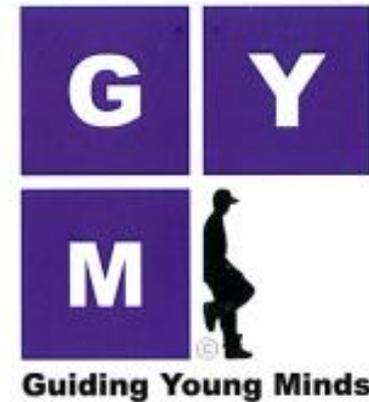


*"GYM has helped me feel more confident & able to stand up for myself, the youth mentors really get me"*

*"I had no idea how much stress my son must have experienced being groomed by a gang of older lads, the mentors & therapists working together with him really brought us together as a family again - it's nice to see him finally smiling"*

*"The workshop they did at our school was very engaging. They had the whole cohort absorbed within the first few minutes. They spoke to the kids on their level & made them think about some really tough issues"*

**Working in partnership with:**



You're never in too deep to make a change

**07908156992**  
[guidingyoungminds.org](http://guidingyoungminds.org)

## **Child and Adolescent Bereavement service**

All referrals to the service now have to go through the referral management centre (RMC) via the online form found at [www.nhft.nhs.uk/referral-management-centre](http://www.nhft.nhs.uk/referral-management-centre).

These can only be sent by health care professionals or school staff.

### **Summary of service**

The service can provide telephone support and information to school staff, families, other health care professionals.

The service provides resources and training to primary school staff to support children in school who have been bereaved.

The service provides 1-1 counselling to students in secondary schools who have been bereaved.

### **Pre-bereavement support**

Support, advice and resources can be provided to school staff, children and families where a family member has a diagnosis of a terminal illness. The service is flexible to meet the individual needs of the child or family.

## Useful websites

[www.nhs.uk](http://www.nhs.uk)

[www.northamptongeneral.nhs.uk](http://www.northamptongeneral.nhs.uk)

[www.winstonwish.org.uk](http://www.winstonwish.org.uk)

[www.childbereavement.org.uk](http://www.childbereavement.org.uk)

[www.riprap.org.uk](http://www.riprap.org.uk)

[www.dyingmatters.org](http://www.dyingmatters.org)

[www.childhoodbereavementnetwork.org.uk](http://www.childhoodbereavementnetwork.org.uk)

## Other information

Northampton General Hospital operates a smoke-free policy. This means that smoking is not allowed anywhere on the Trust site, this includes all buildings, grounds and car parks.

Leaflets, information, advice and support on giving up smoking and on nicotine replacement therapy are available from the Stop Smoking helpline on 0845 6013116, the free national helpline on 0300 123 1044, e-mail: [smokefree@northants.nhs.uk](mailto:smokefree@northants.nhs.uk) and pharmacies.

Car parking at Northampton General Hospital is extremely limited and it is essential to arrive early, allowing ample time for parking. Alternatively, you may find it more convenient to be dropped off and collected.

This information can be provided in other languages and formats upon request including Braille, audio cassette and CD. Please contact (01604) 544516 or the Patient Advice & Liaison Service (PALS) on (01604) 545784, email: [pals@ngh.nhs.uk](mailto:pals@ngh.nhs.uk)

Northampton General Hospital NHS Trust, Cliftonville,  
Northampton NN1 5BD

[www.northamptongeneral.nhs.uk](http://www.northamptongeneral.nhs.uk)

Desktop Publishing by the Communications Office

NGV1561

Updated July 2017

CHILD HEALTH  
DIRECTORATE  
PARENT INFORMATION



## Supporting families through a terminal illness



Northampton  
General Hospital  
NHS Trust

# CHILD AND ADOLESCENT BEREAVEMENT SERVICE (CABS)



## What does the service offer?

A diagnosis of a terminal illness can be a devastating time for families, whether it be a child, parent or carer who is ill. We offer support and advice for families to help them through this difficult time.

## Why is it needed?

Adults may need time to have their questions answered and understand their own feelings and reactions to the news of a diagnosis of a terminal illness before they feel able to talk to the children or adolescents in their care about the illness and possible outcomes. At this difficult time, adults often feel the need to protect others in the family by not talking about the illness and the changes that it will bring within the family and other settings.

Children and adolescents cope much better when they feel included and have their questions and worries answered in a truthful and age or developmental appropriate manner. What they imagine can be far worse than the reality of the situation.

## Who provides it?

The service is provided by a group of professionals and volunteers who have experience working with families where a member has a diagnosis of a terminal illness.

## Available Support

- Available support at a time and place convenient for you
- Home visits
- Hospital visits
- Hospice Visits
- School visits
- Support by phone
- Breaking bad news
- How to explain terminal illness to children and adolescents
- Responding to questions asked
- Available resources

## What are our Aims

To provide confidential support and information to the patient and their families in a way that meets both personal and individual needs.

## Contact

Bereavement Co-ordinator  
Child and Adolescent Bereavement  
Service (CABS)  
Child Health Directorate  
Cliftonville  
Northampton  
NN1 5BD

Office Tele: (01604) 545131  
Mobile: 07876 233075

Email: [beatrice.standen@ngh.nhs.uk](mailto:beatrice.standen@ngh.nhs.uk)

## Useful websites

[www.nhs.uk](http://www.nhs.uk)

[www.northamptongeneral.nhs.uk](http://www.northamptongeneral.nhs.uk)

[www.winstonwish.org.uk](http://www.winstonwish.org.uk)

[www.childbereavement.org.uk](http://www.childbereavement.org.uk)

[www.childhoodbereavementnetwork.org.uk](http://www.childhoodbereavementnetwork.org.uk)

## Contact

Bereavement Co-ordinator  
Child and Adolescent Bereavement  
Service (CABS)  
Child Health Directorate  
Cliftonville  
Northampton  
NN1 5BD

Office Tele: (01604) 545131  
Mobile: 07876 233075

Email: [beatrice.standen@ngh.nhs.uk](mailto:beatrice.standen@ngh.nhs.uk)

## Other information

Northampton General Hospital operates a smoke-free policy. This means that smoking is not allowed anywhere on the Trust site, this includes all buildings, grounds and car parks.

Leaflets, information, advice and support on giving up smoking and on nicotine replacement therapy are available from the Stop Smoking helpline on 0845 6013116, the free national helpline on 0300 123 1044, e-mail: [smokefree@northants.nhs.uk](mailto:smokefree@northants.nhs.uk) and pharmacies.

Car parking at Northampton General Hospital is extremely limited and it is essential to arrive early, allowing ample time for parking. Alternatively, you may find it more convenient to be dropped off and collected.

This information can be provided in other languages and formats upon request including Braille, audio cassette and CD. Please contact (01604) 544516 or the Patient Advice & Liaison Service (PALS) on (01604) 545784, email: [pals@ngh.nhs.uk](mailto:pals@ngh.nhs.uk)

Northampton General Hospital NHS Trust, Cliftonville,  
Northampton NN1 5BD  
[www.northamptongeneral.nhs.uk](http://www.northamptongeneral.nhs.uk)  
Desktop Publishing by the Communications Office  
Updated July 2017  
NGV1562

CHILD HEALTH  
DIRECTORATE  
PARENT INFORMATION



## Child and Adolescent Bereavement Service (CABS)



Northampton  
General Hospital  
NHS Trust

# CHILD AND ADOLESCENT BEREAVEMENT SERVICE (CABS)



## What does the service offer?

The bereavement service offers support work and 1-1 counselling to children and adolescents who have experienced the death of someone important to them. The service also provides support for adults who are caring for a bereaved child.

## Why is it needed?

Children and adolescents experience grief as deeply as adults, but they may display it differently and this can result in their grief being misunderstood or not acknowledged.

Adults may try to protect children and adolescents in many different ways such as not allowing them the choice to attend the funeral or avoid talking about the person who died.

Children and adolescents often need support to understand the process of grieving and what they are feeling.

## Who provides it?

The service is provided by a group of professionals and volunteers who have experience in working with bereaved children, adolescents and their parents and carers.

## Where does it happen?

Sessions are held in schools and the children's outpatient department at Northampton General Hospital.

## What is the process?

After an initial assessment, appropriate support or 1-1 counselling is offered.

## What can we offer parents/carers?

We are able to offer parents/carers information and advice to enable them to support their children and adolescents with the bereavement.

## Referrals?

Referrals can be made from parents, school, GP's and other health care professionals or self referrals.

## Our Aims

- To provide support through the grieving process.
- To have a framework in which open communication between children, adolescents and their parents/carers is encouraged.
- To provide a safe place in which to share feelings and special memories of the person who has died.
- An opportunity to create ways of remembering the person who has died by creating a memory store in the form of a memory box or book.
- To offer guidance to those who come into contact with bereaved children and adolescents (Teachers, emergency services, hospital staff etc).

## **Karma Nirvana**

Supporting victims of honour- based abuse and forced marriage.

UK Helpline 0800 5999 247

For more details please visit <http://karmanirvana.org.uk/literature/>

## Locality Connectors

The Locality Connectors team connect vulnerable children and their families in their local community with activities and organisations that can help improve their quality of life and wellbeing. This can include providing information, insight and guidance to Children First teams. They can advise on what services, groups, networks and activities are available locally and across the county which may assist children, young people and their families in maintaining independent lives, and which help prevent their circumstances deteriorating further or in future to a point where they might need higher level of specialist support.

The Locality Connectors also support and assist community groups and networks to develop new activities and/or maintain existing activities through, for example, brokering and negotiating support from partner organisations and agencies. They work to identify emerging needs within communities and then work with partners to develop plans to address gaps.

Locality Connectors provide a link between the Safeguarding teams and local organisations and work with local community groups to become as robust and sustainable as possible. They work closely with the Early Help Co-ordinators and the ACE/ Early Intervention team.

### **Local Contact details below:**

Rachel Wheeler

Locality Connector for South Northamptonshire and Daventry

Children First

Northamptonshire County Council

Towcester Children's Centre,

Islington Rd, Towcester

NN12 6AU

Mobile Tel: 07721 128 655

[RaWheeler@childrenfirstnorthamptonshire.co.uk](mailto:RaWheeler@childrenfirstnorthamptonshire.co.uk)



## Northamptonshire Domestic Abuse Service



Northamptonshire Domestic Abuse Service (NDAS) supports families affected by domestic abuse. There are a number of different ways we can help.

### **Refuge**

We have refuges for women, men and women with substance misuse issues. Referrals accepted from clients or professionals

### **Advice**

Confidential, non-judgemental support and advice is available 24/7 on 0300 0120154

### **Freedom**

We run a weekly groupwork programme for female victims in Northampton every Wednesday morning. Call us to find out more

Due to Covid 19 NDAS are running virtual freedom programmes via Zoom, virtual drop ins, via the website [ndas.co](http://ndas.co), live chat via website and offer Facebook messenger chat facilities.

All of our services can be accessed via our 24 hour helpline 0300 0120154. Alternatively you can email [info@ndas.co](mailto:info@ndas.co) or visit our website [www.ndas.co](http://www.ndas.co)



Northamptonshire  
Domestic Abuse Service

## 12 week Intensive support programme for victims of domestic abuse

### *Eligibility criteria*

- Client is a victim of current or historical domestic abuse
- Client has agreed to receive 12 weeks support
- Client has support needs around one or more of the following issues:  
Safety, Accommodation, Support Networks, Legal issues, Health and Wellbeing, Finances, Children, Empowerment and self esteem

### *Referral process*

- Professional referrals will need to complete a referral form located on [www.ndas.co/professionals/](http://www.ndas.co/professionals/)
- Self referrals can be made by calling 0300 0120154 or emailing [advice@ndas-org.co.uk](mailto:advice@ndas-org.co.uk)

### *What happens next*

Your referral will be passed to one of our Support Workers for assessment. We will be in contact within 5 working days to confirm acceptance to the support programme.

When we are at capacity we will be operating a waiting list on a first come first served basis.

# Ngage

## **Supporting YOUNG PEOPLE to make positive choices about drug and alcohol use.**

NGAGE with Aquarius work with young people aged 10 - 18 years across Northamptonshire to provide early intervention drug and alcohol services. Our mission is to work with young people to prevent or reduce their use of drugs and alcohol through 1:1 interventions and introducing them to positive, meaningful activities.

### **What NGAGE offers**

The NGAGE team offers a free and confidential service for young people, which includes:

- Community based assessments for young people who demonstrate behaviours associated with the use of drugs and/or alcohol
- One to one sessions with young people assessed as needing support to make positive changes to reduce the risk of substance use
- Working collaboratively alongside 525 with clients who need additional support such as prescribing, detox or residential rehab
- Brief advice and information sessions for young people at risk of or experimenting with drugs and/or alcohol
- Structured group work with young people
- Awareness raising sessions in community settings
- Working with our colleagues from other Aquarius services to identify opportunities and co-produce positive activities and events which our young people can engage in. This includes volunteering and training opportunities for young people using our service
- Working alongside our young people and other Aquarius colleagues to raise awareness about drug and alcohol use in local communities. In addition to the support we provide to young people, we also provide bespoke training sessions to other professionals around working with young people and substance misuse

### **Who can use NGAGE?**

NGAGE support young people aged 10-18 in localities across Northamptonshire who are:

- Wanting advice and information about drugs and/or alcohol use
- Potentially vulnerable to substance misuse through peer networks
- Considered vulnerable to substance misuse due to living in a family where substance misuse is identified as an issue
- Using drugs and/or alcohol and would like to reduce the harm caused
- Wanting to reduce their drug and/or alcohol use, or stop completely
- Using drugs and/or alcohol to cope with negative emotions or anger issues
- At risk of drug or alcohol use negatively impacting their future
- Needing an opiate substitute prescription

- Needing support into inpatient detox for alcohol dependency.

### **Making a referral**

If you know a young person who might benefit from our support, you can make a referral to us as long as the young person gives you prior consent to do so. If you have consent to make a referral, please contact a member of our team to request a referral form. We accept referrals from all agencies, parents and young people themselves.

Upon receiving a referral form, NGAGE will contact the young person or referrer to book an initial assessment appointment to discuss the needs of the young person and what we can offer. NGAGE are a proactive service and will endeavour to engage the young person in their service in a way that best suits them. This includes offering appointments at a time to suit them.

### **How NGAGE work**

Following a referral to NGAGE, they aim to meet young people in schools, complementary education settings, colleges, GP surgeries. If required, they will also arrange home visits.

The purpose of their work is to support young people to achieve their goals and they use Fraser guidelines regarding parental consent. They work holistically with young people, not just focusing on the issues relating to substance use, but looking at all areas of a young person's life where they may need additional support.

### **Contacting NGAGE**

NGAGE cover the whole county, and have dedicated workers for Northampton, Kettering, Corby, Daventry, Wellingborough, South Northamptonshire and East Northamptonshire.

NGAGE also has a named Youth Participation Worker who is committed to promoting the voice of young people in the design and delivery of the service, and who runs our youth group Evolve, offering positive activities and opportunities for young people to get involved. All permanent staff members have undergone enhanced DBS checks.

Tel: 01604 633848

Email: [ypnorthamptonshire@aquarius.org.uk](mailto:ypnorthamptonshire@aquarius.org.uk)

The office is based at: 81 St Giles Street, Northampton, NN1 1JF

[aquarius.org.uk/our-services/ngage-northamptonshire](http://aquarius.org.uk/our-services/ngage-northamptonshire)

# Northamptonshire Independent Visitor Service



## Information for Professionals



Northamptonshire  
County Council

# What is an Independent Visitor

An Independent Visitor is a volunteer that spends some of their spare time as a befriender to a child or young person in care. The child or young person will have little or no contact with their birth family.

Independent Visitors commit to this role for at least two years, but the hope is that this relationship will last for many years.

They will share interests and hobbies with the child or young person and help them to engage in new experiences. Above all they will have fun!

Independent Visitors can be a positive role model for the child/young person and quite often can become the most consistent person in the child's life over a long period of time.

The Independent Visitor will go through a vigorous recruitment process, attend training and have regular supervision.

Once matched, an Independent Visitor will be given a monthly budget to cover the cost of activities. This can be 'saved up' to cover larger trips as one off experiences. The volunteer is encouraged to involve the child or young person in planning and budgeting.

The ideal is to visit every 2 weeks for 2 hours, but at least once per month is expected. Matches are reviewed twice per year.

## The Law

The scope of the Independent Visitors role is defined in the Children's Act 1989 Guidance and Regulations Vol 2 Care Planning, Placement and Case Review, which was published in March 2010. Having repeated the statutory basis for Independent Visitors to be appointed in the Children's Act 1989 and the Children's and Young Peoples Act 2008. Children and Young People who meet certain criteria must be offered the opportunity of having an adult outside of the professional network in their lives, if they wish to have one.

## Key Facts

- An Independent Visitor is totally independent and everything that is shared with them is kept confidential unless there is a safeguarding concern. These will be shared with their social worker.
- An Independent Visitor is a friend/mentor. They may replace the contact that they would have had with their birth family. They are committed to spending planned time with the child unconditionally on a regular basis. The visits will only be cancelled if the child or young person, or the Independent Visitor, is unwell or it is deemed unsafe to do so.
- The child needs to have been in care for at least 1 year, with care proceedings being concluded. The long term plan needs to be either, long term fostering or residential care. This does not apply to unaccompanied asylum seeking children. We do not accept referrals where children are placed with a Connected Person.
- Referrals need to reflect that the child/young person would benefit from having an Independent Visitor in their life and isn't an alternative to respite care.
- Referrals may be refused if there are serious safeguarding issues, or if the young person is about to move placement.
- Matching may take a while due to the recruitment process, training and finding the right Independent Visitor for the child/ young person. Children placed out of county may take longer.
- If unsure please contact us to discuss further.

## What to do next

Complete a referral [online](#)

Please send your enquiries to:

**childrensrights@childrenfirstnorthamptonshire.co.uk**

For the attention of:

**Independent Visitor Coordinator**

If you would like to discuss a referral or would like more information you can call one of the Independent Visitor Coordinators:

Samantha Linton 07788 321826 or



**Northamptonshire  
County Council**

# Northamptonshire Independent Visitor Service



- Would you like an opportunity that is both giving and rewarding?
- Are you 21 and over and have a spare few hours every month that you can volunteer and commit to for a minimum of 2 years?
- Could you befriend a child or young person and take part in activities which you have a common interest in? Expenses will be paid.
- Are you a good listener and want to make a difference?
- Would you be willing to take part in training and supervision four times a year?

If you feel you have the commitment and the passion to make a difference in a child or young person's life who has little or no contact with their birth family then please get in touch by emailing [ChildrensRights@childrenfirstnorthamptonshire.co.uk](mailto:ChildrensRights@childrenfirstnorthamptonshire.co.uk) and putting it for the attention of Independent Visitors Coordinator, alternatively call for an informal chat Samantha Linton on 07788321826 or Wendy Owers on 07990916388



Northamptonshire  
County Council

## Plumsun

A comprehensive range of support services for schools, giving you the reassurance you need.

- Health and Safety Services
- Business Continuity
- Critical Incident Response
- Data Protection
- Human Resource Management and Advisory
- Well-being for Pupils and Employees
- Educational Visits
- Food Hygiene and Quality Audits
- Governor Services
- Safeguarding

### Training Services and Features

Quick responses and solution finding results, audited through your Plumsun School Portal.

Website [www.plumsun.com](http://www.plumsun.com)

Email [info@plumsun.com](mailto:info@plumsun.com)

Telephone 0845 8622684

A combination of Counselling, Psychotherapy and Hypnotherapy will help adults and children gain control of their lives

- Emotions
- Behaviours
- Phobias
- Addictions

### Providing group and individual therapy

- Pupils taking exams and transition
- Staff who require support and supervision

Website [www.hypnokey.com](http://www.hypnokey.com)

Email [enquiries@hypnokey.com](mailto:enquiries@hypnokey.com)

Telephone 02030 111944

**SEND**

## How to contact us:

### Website:

[www.northamptonshire.gov.uk](http://www.northamptonshire.gov.uk)  
search for Specialist Support Service

### Telephone:

North: 01604 361416  
South: 01604 364770

### Email:

[SSS@childrenfirstnorthamptonshire.co.uk](mailto:SSS@childrenfirstnorthamptonshire.co.uk)

**Children First**  
Northamptonshire

The new name for Children, Families and Education.  
Please make a note of my new email address.



## How do I make a referral?

Online referral forms for parent/carer, professional or young person (see website)

Fortnightly Allocation Panel meetings take place where referrals are considered

## SEND Support Service



**Special Educational Needs & Disability (SEND) Support Service. Part of Northamptonshire County Council's Specialist Support Service**

Offering advice and support to children, young people, families, carers and educational establishments for children with a wide range of special educational needs, aged 0-19 years

## What we may offer:

Consultations for parents, carers and schools (see website)

A range of courses and workshops  
(see website)

Early Years: Assessment, home teaching,  
advice and/or signposting, (this may be  
delivered by a trained Portage Volunteer)

Advice or support at home to child or young  
person regarding specific area/s of need

Assessment of learning  
environment and development of  
appropriate interventions and  
strategies in schools or settings

## What we may offer:

Support and advice at times of  
transition between schools or settings

Advice/support with the Statutory  
Assessment process or criteria for  
Education Health and Care Plans

Support and advice to the whole family of a  
child or young person with SEND, which may  
lead to an Early Help Assessment



**Our Service aims to empower and  
support families and educational  
settings to:**

Build on each child's and young  
person's individual strengths and  
to identify next steps for their  
Development

Encourage children's and young  
people's social interaction with  
their peers, adults and their  
communities

Fully include children and  
young people in a range of  
activities

Work closely with other  
colleagues and professionals to  
ensure a child or young person is  
able to access services or  
support

Make sure the Voice of the  
Child or young person is heard and  
acted upon

## Contact us:



[www.northamptonshire.gov.uk/localoffer](http://www.northamptonshire.gov.uk/localoffer)



[localoffer@northamptonshire.gov.uk](mailto:localoffer@northamptonshire.gov.uk)



0300 126 1000, option 5



The Local Offer, Northamptonshire County Council,  
One Angel Square, Angel Street, Northampton NN1 1ED

## Join us on social media:



[www.facebook.com/LONorthants](http://www.facebook.com/LONorthants)



[www.instagram.com/lonorthants](http://www.instagram.com/lonorthants)



[www.pinterest.co.uk/lonorthants](http://www.pinterest.co.uk/lonorthants)



[www.twitter.com/LONorthants](http://www.twitter.com/LONorthants)



<https://tinyurl.com/LONorthantsYouTube>

There is free Internet access in local libraries for users searching the Local Offer website. Information can be made available in other languages and formats upon request.



## Special Educational Needs & Disabilities (SEND): Northamptonshire's Local Offer

The Local Offer is a website for young people, families, and professionals who work with them, that sets out in one place, information about local services.

[www.northamptonshire.gov.uk/localoffer](http://www.northamptonshire.gov.uk/localoffer)



Northamptonshire  
County Council

## Use the Local Offer Website to Find Information About:

### Education

- Schools (including Special Schools and Units) and Out-of-County Schools
- Colleges and Post-16 Settings
- Apprenticeships, Internships, and Training
- School Transport

### Health Services

- School Nurses and Health Visitors
- Sensory Impairment Services
- Child & Adolescent Mental Health Services (CAMHS)
- Occupational Therapy, Physiotherapy, and Speech and Language Therapy



### Social Care

- Short Breaks
- Residential Short Breaks
- Transitions

### Groups and Activities

- Parent Support Groups
- Youth Groups and Playgroups
- Sport Clubs
- Online Groups

### Finance and Funding

- Personal Budgets
- Grants
- Charities

### Education, Health and Care Services for SEND

- Legislation and the Code of Practice
- Request for Statutory Assessment (RSA) Processes
- Annual Reviews of EHC Plans



### Preparing for Adulthood

- Services for Young Adults Leaving Statutory Education
- Easy Read Guides

## More than Just a Website:

### Social Media

Northamptonshire's Local Offer has an active social media presence, which was planned as a response to local requests. Information about activities, events, and opportunities to consult are shared regularly, and are valued highly by the local community of parents and professionals.



### SNIX

The Northamptonshire disabled children's register is managed by the Local Offer team and families who sign up to it (see the 'Get Involved' page) can receive a copy of the termly 'SNIX' magazine.

### Feedback and Co-Production

Feedback and co-production is a really important part of the Local Offer. The legislation requires the publication of comments submitted and the actions taken as a result. Comments might be about the services provided as well as the content on the Local Offer.

The Local Offer team actively seek participation from all users, and especially value comments from young people as well as their parents.

The Local Offer will provide information to the commissioners based on the comments received from parents and young people.

Information about the support available for children and young people with SEND is available on the Local Offer website. While the processes are defined by the Code of Practice, comments and feedback will be considered as part of the commitment to continual improvement.



### Consultations

Links to public consultations are available on the Local Offer website, and will also be shared via social media. Both local and national consultations will be available.

## Service Six

Details of the support Service Six currently offer are below. Please note that some projects are limited to specific areas of the county and some are only available as a free service in certain locations.

**Opal** - Age 10-18. 1-1 and Workshop support for young people that engage in self-harm and risky behaviours. Covers whole county.

**TARGET**- Online safety and protecting young people from exploitation and grooming. Support for all ages. Group and 1-1 support. Covers whole county

**Sister Sister**- Group and 1-1 support for females/female identifying young people aged 16-24. Only available in certain areas.

**Support +** - 1-1 solution focused support for 11-18 years. Only available in certain areas.

**Counselling**- 1-1 counselling support. All ages covered but dependant on area for free support. Most areas this is for 11+

Other support and services available and can tailor support to specific needs if required (e.g. school assemblies) Contact us to discuss.

Service Six  
15 Sassoon Mews  
Wellingborough  
NN8 3LT  
W: [servicesix.co.uk](http://servicesix.co.uk)  
E: [referrals@servicesix.co.uk](mailto:referrals@servicesix.co.uk)  
T: 01933 277 520

Get to know your local PCSO's Contact: [NT-SouthNorthantsTowcester@northants.pnn.police.uk](mailto:NT-SouthNorthantsTowcester@northants.pnn.police.uk)

for small enquiries and 101 or MASH to report any concerns.

# SCHOOL PRESENTATIONS

**Your local Neighbourhood Team can offer a range of different talks. If you would like any of the below please contact the Team via [email](mailto:NT-southnorthantstowcester@northants.pnn.police.uk) :**

- Blue Butterfly project
- Personal safety
- Bullying
- Drugs and alcohol
- Fearless (young person's [crimestoppers](#))
- Road safety
- Anti-social [behaviour](#)
- County lines (Drug gangs)

**Please ask us about what content they include we would be happy to go through them with you.**

In an emergency call 999

To report a **non-urgent crime** or incident call 101

For **disability access services** call 01604 888963

Follow us on Twitter [@northantspolice](#)

Join us on Facebook [.com/northantspolice](#)

Visit us at [www.northants.police.uk](http://www.northants.police.uk)



## Student Breakthrough

Sam Moinet is the founder of Student Breakthrough, which provides Academic Life Coaching to empower students with the tools vision and beliefs to help them live their best life.



Student Breakthrough aims to give students the missing piece of the puzzle so they can stop getting lost and instead take the fast track to success.

We implement our signature 3B Formula of Boost, Believe and Breakthrough which has proven to improve grades, relationships and mental health.

→ This is for you – the teacher who wants to boost the emotional and academic performance of their students.

→ This is for you – the teacher who wants their students to be more motivated to reach their full potential.

→ This is for you – the teacher who wants their students to be happy and confident to achieve their very best.

## Offer to Schools

## **1-1 coaching**

The programme is approximately 6 sessions long. Each session lasts one hour. Each student receives a personalised folder with the 3B programme of – Boost, Believe and Breakthrough.

## **Group workshops**

The programme is approximately 6 sessions long. Each session lasts one hour. Each group of students has a 3B folder so we can monitor their progress during the programme. The ideal number is between 2-5 students. We use a general set programme over the 6 sessions (see example below)

- Week 1 · Wheel of Life · Coaching Outcomes
- Week 2 · Vision · Vision Board
- Week 3 · Motivation · Awesome Students Do This
- Week 4 · Limiting Beliefs · Overcoming Failure
- Week 5 · Empathy · Relationships
- Week 6 · Wheel of Life · Resilience

## **Target Students**

- Students who are keen to find a solution to improve their present and future situation in life.
- Coaching can be helpful for Pupil Premium (PP) students, children in care (LAC) and post looked after children (PLAC). This is due to the massive boost of positivity and support that each student receives.
- It is also helpful for young people struggling with self-doubt, confidence issues or family disharmony
- Student Breakthrough has proved effective for high ability students who are lacking motivation and lacking a sense of their future potential.

## **Talks and Presentations**

Motivational talks to small groups or year groups in assemblies on a range of areas from confidence, getting over failure, developing a growth mindset, acceptance of themselves and personal development.

Presentation to parents on how they can use simple and effective coaching strategies to best support their children at home.

## **Build Your Breakthrough**

Student Breakthrough now offer the new Build your Breakthrough online coaching programme. This is for students who want to boost their confidence, become more motivated, create new successes and achieve their goals.

By coaching students 1-1, they stopped comparing themselves to others and focussed on their own natural strengths and abilities. The results have been incredible. Our approach at Student Breakthrough is super positive as we empower students to take action on their personal goals. As a direct result, things like confidence, grades and relationships all improve as students discover so much about themselves, achieve new things and personally grow on many levels.

### **How it works**

Build Your Breakthrough is an eight session (30 minute sessions) online course split into six main topics. Within each session, there are a combination of short videos and practical exercises to help students achieve their goals.

### **Sessions**

**Session 1 Welcome** - About Sam and Student Breakthrough. Welcome To Build Your Breakthrough and how It Works.

**Session 2 All About you** - The Breakthrough Wheel and your Breakthrough Goal including Breakthrough Challenge 1 – Gratitude.

**Session 3 You are Awesome** - The Tree Of Life and Breakthrough Challenge 2 – Giving

**Session 4 Mindset** - Growth Mindset, motivation and Breakthrough Challenge 3 -Mindfulness

**Session 5 Breakthrough Thinking** - What you think you become and breakthrough thinking. Breakthrough Challenge 4 - Noticing your thoughts

**Session 6 Confidence** - What is confidence? Breakthrough Challenge 5 – Move

**Session 7 Vision** - What is Vision? The Breakthrough Board. Breakthrough Challenge 6 - Win List

**Session 8 Resilience and Celebration** - What Was Your Breakthrough? Breakthrough Wheel Reflections and next Steps

### **Contact details**

Website: <https://www.studentbreakthrough.com/>

Telephone: 07718 150431

Email: [sam@studentbreakthrough.com](mailto:sam@studentbreakthrough.com)

## Voice for Victims and Witnesses

Voice Ltd is commissioned by the Office of the Police Fire and Crime Commissioner to provide free and confidential support services to victims and witnesses of crime within the county of Northamptonshire. We received over 40,000 victim and witness referrals in 2019-20 into our services and went on to provide support to over 1678 people including children and Young people. Voice Ltd provides and commissions a range of services for victims and witnesses resident within our county.

Our services are available whether the victim has reported to the police or not. Self-referrals can be made via our website at [www.voicenorthants.org.uk](http://www.voicenorthants.org.uk)

Voice for Victims and Witnesses provides immediate, practical and ongoing emotional support to adult victims of crime within the county with the exclusion of Homicide cases. We provide support for a wide range of crimes including criminal damage, theft, fraud, burglary, assault, domestic abuse and sexual violence and can discuss your options, guide through the criminal justice and help victims and witnesses feel like they are getting your life under control again. This service also provides support to witnesses involved within the criminal justice system providing hearing outcome information and trial information.

Talking with us gives victims the chance to get things off their chest and let go of distressing experiences. We can provide a safe, neutral place to voice fears, worries and emotions and our support is independent, free, confidential and non-judgemental.

Being a victim of crime can also lead to practical problems. We can help with tasks such as filling out compensation claims, providing basic home security measures and supplying personal attack alarms alongside a range of crime prevention and fraud advice. Where more specialist support is required, we will assist to find the most appropriate service provider locally or nationally for their needs.

As part of the service we provide the counties MARAC administration service and High risk Independent Domestic Violence Advisors (IDVA) service, known as The Sunflower Centre, which is funded through partnership funding from the county and borough councils, CCG and OPFCC.

Voice for Children and Young People provides Specialist Counselling and therapy for children and young people suffering impact from being victim to or witnessing Crime. Children and Young people aged over 6yrs may be eligible for 6 sessions of free counselling or therapy (Some exclusions apply).

Voice restorative Justice services provide the safe facilitation of communication between someone who has been harmed and the person who caused the harm to make reparation for the harm caused and our Voice Road Harm service provides emotional support, professional bereavement counselling and therapy for people who have been affected by Serious life changing road traffic collisions from aged 6yrs and above.

We commission the counties Independent Sexual Violence Advisor (ISVA) Service based at the counties Sexual Assault Referral centre and Fund a Children's and Young person's ISVA within that facility for victims of serious sexual offences.

We act as joint data controllers for Northamptonshire Police to endeavour to contact as many victims of crime within the county as possible to ensure they are aware of our free and confidential services and we act as a single point of contact for victims and witnesses to access Signposting advice, information of the counties wider services, immediate emotional support, the provision of free personal and home safety products and access to our in house support services where appropriate.

## People we've helped

"Thank you again for your time and invaluable support, you have really helped me to cope with the trauma of the incident"

"I was in complete shock to find that I had been a victim of crime. I felt disbelief, numbness and was very wary. Thank you so much for being there."

"I am so grateful for the kindness and consideration that voice has given me, all the staff that have helped me have been fantastic."

## How to access Voice

Voice is a free, confidential support service for anyone living in Northamptonshire who has been a victim or witness of crime. You don't have to have reported a crime to the police to access Voice and it doesn't matter when or where the crime was committed.

Our services are available to;

- Northamptonshire residents aged 6yrs + irrespective of where the crime or incident occurred and regardless of if you have reported it to the police
- Victims of crime or persistent anti-social behaviour
- Witnesses of crime that is going through the Court system
- Victims, witnesses or family members affected by Serious/life changing Road Traffic Collision

### To access help and support from Voice:

**Tel.** 0300 303 1965 **Visit.** [voicenorthants.org](http://voicenorthants.org)

**Email.** [info@voicenorthants.org](mailto:info@voicenorthants.org)

**Facebook.** [@voicenorthants](https://www.facebook.com/voicenorthants) **Twitter.** [@voicenorthants](https://twitter.com/voicenorthants)



Download the free Voice Home Support Hub app to help aid your recovery.

Scan the QR code or visit:  
[voicehomesupporthub.co.uk](http://voicehomesupporthub.co.uk)



## Have you been a victim of crime, serious fire incident or road traffic collision?

If so, Voice is a free, confidential service that can help...

**[voicenorthants.org](http://voicenorthants.org)**  
**0300 303 1965**



Voice is brought to you by the Northamptonshire Police, Fire and Crime Commissioner

## About Voice

We know that crime can affect you in a variety of different ways. We're here to help you cope, recover and thrive.

Our specially trained support workers will work with you to understand the specific support you require. We provide a free and confidential support service to adult residents of Northamptonshire who have witnessed crime, been a victim of crime, been persistently targeted by anti social behaviour or affected by life changing fire or road traffic incidents.

Our support is available to victims or crime regardless of whether you have reported it to the police or not and irrespective of where and when the crime occurred. We provide practical and emotional support to witnesses of crimes that are going through court process.

## Emotional support

**Our staff and volunteers are trained to listen and help you make sense of what you've been through.**

We can discuss your options with you and help you feel like you're getting your life under control again.

Talking with us gives you the chance to get things off your chest and let go of distressing experiences. While some people can do this with friends and family, it doesn't work that way for everyone, especially if those around you have been affected by crime too.

We can provide a safe, neutral place for you to voice your fears, worries and emotions. Our emotional support is independent, free, confidential and non-judgemental.

Where more specialist support is required, we will assist you to find the most appropriate service provider for your needs.

## Practical support

**Being a victim of crime can lead to all kinds of practical problems.**

This can range from minor issues, such as damage to your property or having to fill in insurance forms, through to serious medical problems or the loss of your home.

We can help with tasks such as filling out forms (for example, compensation claims), providing you with home security measures (such as window alarms), and supplying you with personal attack alarms.

We can also provide you with a range of crime prevention advice and help you through the criminal justice system over the course of any proceedings. We'll give you all the information you need to understand your options and next steps.

## The Voice family

Voice for Victims and Witnesses delivers a number of different specialist services for all types of victims of crime in Northamptonshire.



### Voice for Victims and Witnesses

Providing practical and emotional support for witnesses going through the criminal court system and for Adult victims of crime, Persistent anti social behaviour and Serious fire incidents.

### Voice for Children and Young People

Our specially trained experts are experienced at working with children and young people of all ages to help them recover from crime.



### Voice for Road Harm

Supporting people who have been a victim, witness or affected by a road traffic collision, as well as their friends and their families.

### Voice for a Restorative Northamptonshire

Bringing those affected by crime or conflict and those responsible into communication, in order to help heal emotional pain and create positive resolutions.



## How we can help

**Our support is led by what you need, for as long as you need it.**

Whether you just need someone to talk to or would like to meet with one of our team, we are here to help you find your Voice.

**SWAN Teaching School Alliance**  
**GUTP House, Sponne School, Brackley Road, Towcester NN12 6DJ**

 01327 350284

 [teachingschool@sponne.org.uk](mailto:teachingschool@sponne.org.uk)

 [www.sponne.org.uk/ts/index.php](http://www.sponne.org.uk/ts/index.php)

 [twitter.com/SchoolSwan](https://twitter.com/SchoolSwan)

 <https://bit.ly/2HY9GKG>