

	<u>PERSONAL SOCIAL AND HEALTH EDUCATION (PSHE) & CITIZENSHIP</u>	
	Contact(s)	Mrs Warner

All students will attend one lesson of PSHE in each two week cycle

Why Study This Course?

Whilst in the Sixth Form, it is compulsory for all students to follow a PSHE programme. All students will attend one lesson of PSHE each two week cycle.

The purpose of this course is to offer the opportunity for consideration and discussion of the many current issues that are relevant to students but which may not be touched upon in their exam courses. It also includes specific elements designed to support students in their chosen pathway beyond Sponne, linking with the tutorial programme and is supported by outside speakers/agencies, for example Barclaycard deliver a presentation to highlight awareness of credit card fraud and scams and how to keep their financial information safe. The course can change according to student input and national issues. However, the course is likely to include the following topics:

In Year 12:

- Healthy Relationships - This builds on work completed in the lower school and looks at developing students understanding of topics such as sexual health, body image and the role of the media, effects of pornography and domestic abuse. The school nurse team deliver a presentation covering topics such as STIs and cancer screening.
- Citizenship – Understanding Terrorism & Extremism - Students explore the history of terrorism and how people can become involved in these acts and the reasons for them. They also look at contemporary events and consider the impact on terrorism on themselves and the wider world
- Driving - This course looks at developing an awareness of the knowledge, skills and attitudes which combine to make a good driver, thus improving road safety. The students have a presentation by 2Fast2Soon which reinforces these ideas. This is revisited in Year 13 when more students are actually driving.
- Careers - Students are supported in making decisions about Post-Sixth Form options and we work closely with external agencies to deliver presentations to inform students about the choices they can make for university, apprenticeships, how student finance works and the opportunities for gap year activities.
- We work closely with Sam Fitzgerald, from Proactive Education, to deliver work related learning. Students have the opportunity to work with local employers to enhance their CV and interview skills.

In Year 13:

- Financial Awareness - Students develop their understanding of difference aspect of finance for life including: 1. Fraud & Identity Theft 2. Financial Planning & Budgeting 3. The Financial implications of work 4. Seeking financial advice 5. Choosing financial products. We work with Barclays and Barclaycard to enhance this unit by inviting them in to work with our students on these key topics.
- Well-being - Students will be exploring aspects of mindfulness techniques and encourages students to develop self-awareness so that they can take more control of their own well-being. These lessons are intended to be a little different from the typical academic curriculum and introduce students to a different way of thinking.
- Health - Students are given the opportunity to revisit their CPR skills and to consider practical solutions to emergency situations. They also have the opportunity to learn more about Blood & Organ Donation through the Anthony Nolan Trust.
- Citizenship – Why Vote? – As students turn 18 they are eligible to vote and students will be encouraged to register to vote and have the voting process explained to them. Depending on whether elections are happening, it may be that more detailed sessions take place to enable students to discuss their options and the key policies of each party.

<i>Business & Innovation</i>	<i>English</i>	<i>Expressive Arts & Languages</i>	<i>Humanities</i>	<i>Mathematics</i>	<i>PE</i>	<i>Science</i>
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